Walverden Primary School
Personal, Social and Emotional development

	Nursery	Reception	ELG	Year 1
Friendships	• Develop friendships with other children • Play with one or more other children, extending and elaborating play ideas. • Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.	• Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas. • Build constructive and respectful relationships.	ELG: Self-Regulation Children at the expected level of development will: • Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly • Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate • Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.	
Feelings and emotions	• Feel strong enough to express a range of emotions. • Safely explore emotions beyond their normal range through play and stories. • Talk about their feelings in more elaborated ways: "I'm sad because…" or "I love it when …". • Be increasingly able to talk about and manage their emotions. • Talk about their feelings using words	• Express their feelings and consider the feelings of others. • Identify and moderate their own feelings socially and emotionally		

	like 'happy', 'sad', 'angry' or 'worried'. • Understand gradually how others might be feeling.			
Cultures and differences	• Notice and ask questions about differences, such as skin colour, types of hair, gender, special needs and disabilities, and so on.	• Notice and ask questions about differences, such as skin colour, types of hair, gender, special needs and disabilities, and so on.		
Rules	• Increasingly follow rules, understanding why they are important. • Remember rules without needing an adult to remind them	• Increasingly follow rules, understanding why they are important. • Remember rules without needing an adult to remind them • Develop appropriate ways of being assertive. • Talk with others to solve conflicts. • Think about the perspectives of others. • Manage their own needs.	ELG: Managing Self Children at the expected level of development will: • Be confident to try new activities and show independence, resilience and perseverance in the face of challenge • Explain the reasons for rules, know right from wrong and try to behave accordingly • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and	

			understanding the importance of healthy food choices.	
Resilience	• Feel confident when taken out around the local neighbourhood, and enjoy exploring new places with their key person.	• Show resilience and perseverance in the face of challenge.		
Positive sense of self	• Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. • Become more outgoing with unfamiliar people, in the safe context of their setting. Show more confidence in new social situations	• Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. • Become more outgoing with unfamiliar people, in the safe context of their setting. Show more confidence in new social situations	ELG: Building Relationships Children at the expected level of development will • Work and play cooperatively and take turns with others • Form positive attachments to adults and friendships with peers • Show sensitivity to their own and to others' needs.	
Sense of self	• Express preferences and decisions. They	• Develop their sense of responsibility and		

	also try new things and start establishing their autonomy. • Engage with others through gestures, gaze and talk.	membership of a community. • See themselves as a valuable individual.		
Self help	• Learn to use the toilet with help, and then independently • Be increasingly independent as they get dressed and undressed, for example, putting coats on and doing up zips. • Be increasingly independent in meeting their own care needs, e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly. • Make healthy choices about food, drink, activity and toothbrushing.	• Know and talk about the different factors that support their overall health and wellbeing: - regular physical activity - healthy eating - toothbrushing - sensible amounts of 'screen time' - having a good sleep routine - being a safe pedestrian		

Purple- birth to 3

Red- 3-4

Black- Reception